

**Vikingsland Community Support Program,
The Dragonfly Mental Wellness Foundation
and the Douglas County Local Advisory
Council invite you to join us for the annual:**

MENTAL HEALTH AWARENESS WALK

Music and a light lunch will be provided. Please help us raise awareness and stomp out stigma. We will be walking from VCSP office to City Hall and back.

Free Mental Health Swag bags while supplies last

**FRIDAY MAY 16TH FROM 11:30-1:00
WE WILL START WALKING AT 12:00
1106 BROADWAY ST. ALEXANDRIA, MN
56308**